

# GOOD VIBRATIONS

## What's it all about?

*Well... risk - about life, how it can be, well, risky and sometimes exciting and downright dangerous - and how with scissors and paper, a bit of choreographed hesitation and a helping hand or two, it can begin to make some kind of sense.*

*What are your favourite things?*

*What do you love?*

*Who?*

*Ask yourself some hard questions?*

*Should I say bello?*

*Does he remember me?*

*Should I wave?*

*Is she looking at me?*

*Was that a smile?*

*Should I hold her hand and say in a soft low voice, 'I love the colourful clothes you wear, I love the way the sunlight plays upon your hair?*

*Should I jump... say it, shout it, let it be known?*

## Life... *It's a risky business*

NHS FORTH VALLEY, FALKIRK COUNCIL  
and TRICKY HAT PRODUCTIONS

would like to invite you and a guest to a performance of

## GOOD VIBRATIONS

**FALKIRK TOWN HALL  
(WEST BRIDGE ST, FALKIRK, FK1 5RS)**

**THURSDAY 23RD OCTOBER AT 2PM**

**RSVP: WENDY NIBLOCK**  
on [wendyjniblock@btinternet.com](mailto:wendyjniblock@btinternet.com) or **07961 814834**

Since May, Tricky Hat Productions, a drama and theatre based project for vulnerable people, has been working with service users of the Forth Valley Mental Health Recovery project to create and devise a theatre performance. *Good Vibrations* is the culmination of this collaborative project between NHS Forth Valley and Falkirk Council.

